



Football School - Winmarleigh Hall

The Football School programme combines expert football coaching sessions with English language learning and excursions to two world famous football stadiums. Open to students of all ages and abilities the course is available at Winmarleigh Hall our residential adventure centre in Lancashire. Designed to be engaging, enjoyable and fun, this programme is an ideal opportunity for students to learn English in a friendly, English speaking environment and improve their football skills as well.

How does it work?

- Players are taught a range of movements and techniques by Football Association (FA) qualified coaches using training sessions similar to those attended by top players.
- Coaching sessions include game play and are designed to be fun and exciting as well as challenging and motivating.
- Players demonstrate their ability in games, develop courage and confidence and an understanding of how to learn from their mistakes.

What's included

- Full board en suite accommodation at Winmarleigh Hall
- 15 hours of English lessons with CELTA (or equivalent) qualified teachers
- 12 hours of football coaching from FA qualified coaches
- A full-day in Manchester with a visit to Manchester United's football stadium and shopping at Salford Quays
- A half-day visit to Anfield stadium, home to Liverpool Football Club
- Evening entertainment programme
- Free leader place for every 12 students (Transfers available at a supplement on request)

Football Coaching Programme

Each week contains 12 hours of football coaching from FA qualified coaches. The coaching programme is designed to provide a balance between football training, education and recreation, and includes:

- | | |
|-------------------------|--------------------------|
| ■ Individual Techniques | ■ Free Kicks and Corners |
| ■ Technical Circuits | ■ Dribbling & Dummies |
| ■ Goalkeeping | ■ Fair Play |

Practice matches, tests and daily briefings are interspersed with coaching sessions to provide a fully interactive course.





Old Trafford, Manchester

English Language Learning

English Language courses focus on improving speaking and listening, combined with written work to keep a record of students' achievement. Students receive 15 hours of teaching each week in enjoyable, interactive classes with no more than 12 students per class. Courses are taught at four levels, with students assessed on arrival and streamed into classes according to ability. Each student receives a specially designed workbook containing modules and exercises. A certificate of achievement is presented to each student at the end of the course. All teachers are CELTA (or equivalent) qualified.

Excursions

A full-day in the city of Manchester with a visit to Old Trafford football stadium, known as the Theatre of Dreams and home to Manchester United. This fascinating stadium and museum tour brings you closer to the club and its incredible history. Immerse yourself in the world's most famous football club, experience the magnificent trophy room, test your skills on the interactive screens and enjoy the atmosphere inside the 'Theatre of Dreams'- it certainly is a day to remember. Salford Quays provides plenty of opportunities for shopping and for practising English in real life situations.

A half-day visit to Liverpool including Anfield football ground, home to Liverpool Football Club. With 18 League titles and five European Cups, Liverpool has had its fair share of success. Go behind the scenes and take a tour of the stadium and museum.

Kit List

All participants need to bring:

- Football boots
- All-weather training kit
- Indoor and outdoor trainers
- Waterproof jacket
- Wash bag (including soap, shampoo etc.)
- 2 large towels
- Plastic drinks bottle
- Pen and paper
- Small bag or rucksack for excursions

Winmarleigh Hall Sample Timetable

7 Night Football School Programme

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
<i>Travel</i>	<i>AM</i> Testing & Induction/ Lessons English Lessons	<i>AM</i> English Lessons	<i>AM</i> English Lessons	<i>AM</i> English Lessons	<i>AM</i> English Lessons	<i>Full Day</i> Excursion to Manchester and Old Trafford, home of Manchester United Football Club	<i>Depart from centre</i>
							
<i>PM</i> Arrival & settling in	<i>PM</i> Football Coaching	<i>PM</i> Football Coaching	<i>PM</i> Football Coaching	<i>PM</i> Football Coaching	<i>PM</i> Excursion to Anfield stadium, home of Liverpool Football Club		
							
<i>Evening</i> Ambush	<i>Evening</i> Campfire	<i>Evening</i> Quiz Show	<i>Evening</i> Cluedo	<i>Evening</i> Capture the Flag	<i>Evening</i> Passport to the World	<i>Evening</i> Disco	

Please note that English lessons, football coaching and half day excursions can be in the morning or afternoon. Timings are approximate and may vary - you will be given your final programme on arrival at the centre. Based on a standard arrival day of Saturday.



Winmarleigh Hall

Winmarleigh Hall, Church Lane,
Winmarleigh, Preston, Lancashire, PR3 0LA

- Close to the cities of York, Manchester and Liverpool
- 50 acres of gardens and woodland

Capacity 290

Age Range 7-17

Accommodation

- Purpose-built modern accommodation blocks.
- Students: En suite rooms sleep 4-6
- Party Leaders: En suite single or twin rooms

Facilities

- | | |
|--------------------------|-------------------|
| ■ Drying rooms | ■ Lake |
| ■ Floodlit activity area | ■ Leaders' bar |
| ■ Football pitch | ■ Leaders' lounge |
| ■ Games rooms | ■ Shop |

Transfers

 **Airport Transfer Times**
Manchester - 1hr Birmingham - 2hrs 15mins

 **Eurostar Terminal** London

 **Ferry Terminal** Dover, Portsmouth

