



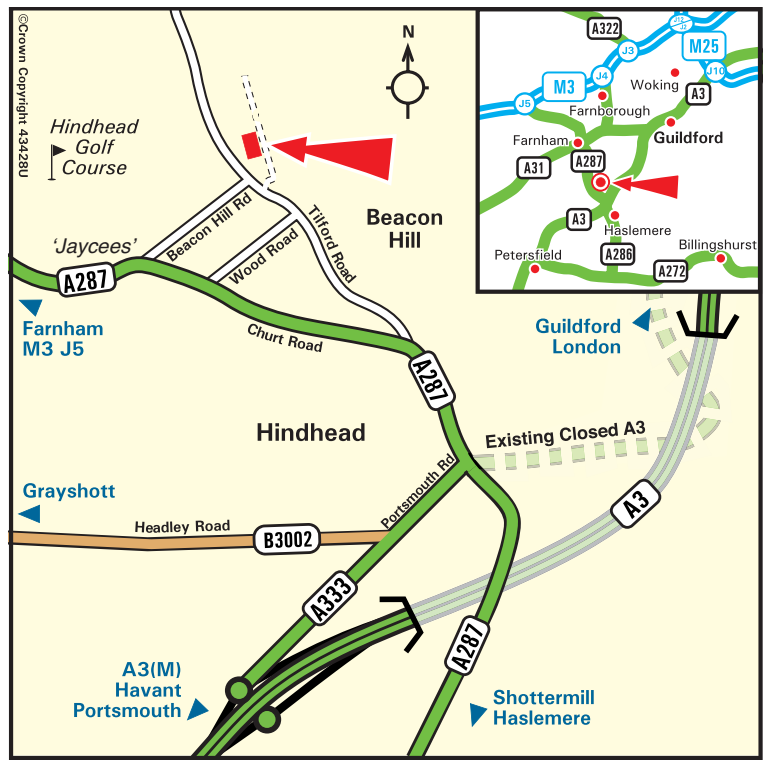
International
Culture
Exchange

Accredited by the
**BRITISH
COUNCIL**
for the teaching
of English in the UK

Surrey, England



Location Map



Airport Transfer Times

- ✈ Gatwick - 1hr 15mins
- ✈ Heathrow - 1hr 40mins
- ✈ Luton - 2hrs 20mins
- ✈ Stansted - 2hrs 50mins

Eurostar Terminal Transfer Times

- 🚂 London - 2hrs 45mins

Ferry Terminal Transfer Times

- ⚓ Portsmouth - 45mins
- ⚓ Dover - 3hrs 10mins



Surrey, England

Highlights

- Close to London, Oxford and Windsor Castle
- 20 fantastic adventure activities to choose from
- 45 acres of grounds
- Located on the edge of the Devil's Punchbowl - an area of outstanding natural beauty

Capacity

730

Age Range

7-17





Accommodation and Facilities

Accommodation

Purpose-built modern accommodation blocks.

Students En suite rooms sleep 4-6

Party Leaders Single or twin en suite rooms

Facilities

- Classrooms ■ Disco / Indoor area ■ Games room
- Lake ■ Large playing field ■ Leaders' bar
- Leaders' lounge ■ Shop ■ Sports hall



Activities

Abseiling Aeroball Archery **Challenge Course**
 Climbing **Fencing** **Giant Swing** Hiking
Jacob's Ladder Low Level Ropes Course
 Orienteering **Problem Solving** **Raft Building**
 Rifle Shooting Sensory Trail Zip Wire
Sports and Team Games Survivor Tunnel Trail Trapeze

Evening Entertainment Programme

- Ambush ■ Camp fire ■ Capture the Flag ■ Cluedo
- Disco ■ Passport to the World ■ Sports Night
- Photo Challenge ■ Robot Wars ■ Quiz Show
- Snapshot ■ Splash ■ Wacky Races





Excursion Options

Key:

🕒 Duration ➡ Travel time from centre

London (full day)

🕒 6-7hrs ➡ 1 hr 45mins

London is one of the world's great capital cities and the largest city in the United Kingdom.

Excursion features: Optional flight on the London Eye (if pre-booked) followed by walking tour to include Westminster Bridge, Trafalgar Square, Leicester Square and Covent Garden.

There will also be free time for shopping and more sightseeing.

Oxford (full day)

🕒 6-7hrs ➡ 2hrs

Known as the city of dreaming spires Oxford is known throughout the world as a university city. Oxford University dates back to 1096, making it the oldest university in the English-speaking world.

Excursion features: a town trail including lunch by the river, followed by more sightseeing and shopping in the covered market.

Windsor Castle (half day)

🕒 1-3hrs ➡ 1hr

Originally a wooden fortress built at the time of William the Conqueror, Windsor castle is the oldest and largest inhabited castle in the world and one of the Queen's favorite homes.

Excursion features: tour of Windsor Castle plus free time for shopping.

Portsmouth (half day)

🕒 2-3hrs 🚶 1hr 30mins

Portsmouth is one of the world's best known ports and is regarded as the home of the Royal Navy. The waterfront and harbour are dominated by the Spinnaker Tower, which is 560 feet high.

Excursion features: town trail including packed lunch and free time for shopping.

Thorpe Park Theme Park (full day)

🕒 6-7hrs 🚶 1hr

Thrill seekers of all ages can experience a non-stop adrenaline rush at Thorpe Park, home to some of Europe's most exhilarating rides and attractions.

Excursion features: entrance to the park and rides.

Brighton (half day)

🕒 1-3hrs 🚶 1hr 40mins

Brighton is one of the most popular seaside resorts on the south coast of England. During the 19th century it enjoyed the patronage of the prince Regent who built the famous Royal Pavilion.

Excursion features: a town trail plus time for shopping in the town centre.

For more information on excursions please request the full excursion guide.



Important Information

Lost Property

All personal items should be clearly named. We strongly recommend that all valuables are left at home.

Laundry

A laundry service is provided for all stays longer than 8 nights. Full details will be provided on arrival at the centre. Bed linen is provided for all guests and is changed weekly. Guests will need to bring their own towels. We recommend one towel for showering and another towel for wet/dirty activities.

Cleaning

Bins are emptied everyday and rooms are cleaned thoroughly once a week.

Guest Behaviour

Please refer to our online Code of Practice document for our Code of Conduct for visiting groups.

First Aid

All our Activity Staff hold an Emergency First Aid Certificate and a number of Senior Staff hold a First Aid at Work Certificate. This allows the immediate application of any first aid treatment required. Cold storage for any medication can be arranged if required.

Insurance

We are able to arrange insurance cover for visiting groups through our existing provider. Please contact us for details.

Safety

We are proud of our excellent safety record which is due to the diligence and care of our staff. For your peace of mind, a summary of our safety management systems is available in our online Code of Practice document. All our centres are inspected and accredited by BAPA, the British Activity Providers Association, an industry body which sets the standards for quality and safety. Where required, our activities are inspected and approved by the Adventure Activities Licensing Authority (AALA). Annually updated risk assessments are also available for all our activity centres and we comply with the latest government guidelines on the health and safety of pupils on educational visits.

Sample Timetables

English Language Programme fixed - 14 nights*

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
AM	Travel	Testing & Induction English Lessons	English Lessons	Full Day Excursion to the city of London	English Lessons	English Lessons	English Lessons
PM	Arrival & settling in	Giant Swing Jacob's Ladder	Aeroball Rifle Shooting		Problem Solving Survivor	Excursion to the city of Portsmouth	Orienteering Abseiling
Evening	Ambush	Campfire	Quiz Show	Capture the Flag	Sports Night	Snap Shot	Disco

	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
AM	Challenge Course Zip Wire	Fencing Sensory Trail	Low Level Ropes Course Climbing	Full Day Excursion to the city of Oxford	Archery Trapeze	Excursion to the Royal Borough of Windsor	Raft Building
PM	Abseiling Climbing	English Lessons	English Lessons		English Lessons	English Lessons	English Lessons
Evening	Passport to the World	Cluedo	Robot Wars	Quiz Show	Wacky Races	Splash	Disco

*This programme can also be 7 nights duration.



Sample Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge						
Sausages (V) Quorn Sausages Scrambled Eggs Baked Beans	Bacon (V) Vegetable Sausages Hash Browns Plum Tomato	Sausages (V) Quorn Sausages Baked Beans Mushrooms	Bacon (V) Vegetable Sausages Scrambled Eggs Grilled Tomato	Sausages (V) Quorn Sausages Hash Browns Baked Beans	Sausages (V) Quorn Sausages Scrambled Eggs Mushrooms	Bacon (V) Quorn Sausages Hash Browns Spaghetti in Tomato Sauce
Seasonal Fresh Fruit Hot & Cold Drinks						
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads						
Pizza Meat or Vegetarian Potato Wedges	Homemade Pie or Pasties Choice of Meat or Vegetarian Gravy Mashed Potato	Hot or Cold Baguette Choice of Meat or Vegetarian Fillings Tortilla Chips	Pasta Bar Choice of Meat or Vegetarian Garlic Bread	Burger Choice of Meat or Vegetarian Fries Relishes	Jacket Potatoes or Rice Choice of Meat or Vegetarian Filling Homemade Bread	Fajitas Choice of Meat or Vegetarian Fillings Red Cabbage Slaw Tortilla Chips
Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks						
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Homemade Soup of the Day						
Beef Lasange Cumberland Sausages (V) Beetroot & Red Onion Tart New Potatoes Peas & Carrots Onion Gravy Chocolate Crispy Cake	Gammon Chicken Goujons (V) Four Cheese Ravioli Potato Wedges Green Beans & Sweetcorn Toffee Apple Crumble & Custard	Mexican Beef Chilli Fish Fingers (V) Sticky Hoisin Noodles Rice or Chips Mixed Vegetables Baked Beans Lemon Drizzle Cake	Chicken Chunks with Sweet & Sour Sauce Chilli con Carne (V) Vegetable Korma Root Vegetable Bake Rice Broccoli Rice Pudding & Jam	Meatballs in Tomato Sauce Chicken & Leek Pie (V) Cheese Ravioli & Potato Plait Pasta or Potatoes Green Beans & Carrots Doughnut	Chicken Nuggets Fish in Tomato & Mascarpone Sauce (V) Vegetable Pilaf Chips Mixed Vegetables Chocolate Chip Sponge & Chocolate Custard	Roast Dinner Yorkshire Pudding (V) Macaroni Cheese Roast Potatoes Seasonal Vegetables Gravy Belgian Waffles with Topping
Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks						

Please ensure that all items are named.

Kit List

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ **Tops & jackets**
 - ☐ T-shirts
 - ☐ Long sleeved shirt/T-shirts
 - ☐ Waterproof jacket
 - ☐ Fleeces/jumpers



Your arms will need to be covered to do some activities.

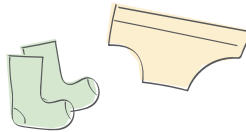
- ☐ **Trousers or leggings**
but not jeans as they get heavy and cold when wet



- ☐ **Underwear & socks**
- ☐ 1 or 2 sets of **clothes for the evening**

Your socks will need to cover your ankles to do some activities.

- ☐ Suitable **nightwear**



Please note: Bedding (a duvet and pillow) are provided for all international guests.

TRAVELLING IN THE...



...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen



...WINTER?

- ☐ Warm coat
- ☐ Hat and gloves
- ☐ Torch

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who. Postage will be charged for returning lost items.

FOOTWEAR

- ☐ **2 pairs** of trainers
 - 1 for activities
 - 1 old pair for watersports

- ☐ **1 pair of dry shoes**
for evening activities



OTHER ITEMS

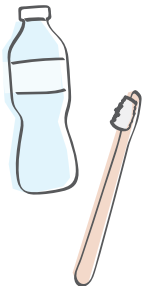
- ☐ **2 towels**
 - 1 for showering
 - 1 old one for activities

- ☐ Reusable **drinks bottle**

- ☐ Small **rucksack/bag**

- ☐ Labelled **bin bag** for wet and dirty clothing

- ☐ **Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)



PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your **mobile phone**, please note, it is not covered by our insurance.



Centre Map

