

English
THROUGH

Dance

Our dance programme is designed for enthusiastic dancers of any level and dance background. Dancers will experience a varied programme of dance disciplines and styles, such as Jazz, Contemporary and Street.

Led by professional dance teachers, students will develop their fitness level, flexibility, technique and strength as well as performance skills.

Each session starts with a warm up which includes fitness and flexibility training, followed by exercises for technique, choreography and a cool down. Students are taken through exercises to improve dance technique and step execution with correct body alignment and placement. We also encourage students to draw on classical dance principles.

The dance programme is performance driven with an end of week show in front of the whole camp.

All of our teachers are professionals from top performing arts schools in the UK.



“

My dance teacher
is really cool.

”





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> OUR OBJECTIVE IS....

for students to leave the course feeling fitter, stronger and more flexible as well as gaining invaluable knowledge for their own dance practices.



COURSE DETAILS

- Suitable for all levels
- Led by professional dance teachers from top performing arts schools
- Focus on fitness levels, flexibility, technique and strength
- Includes performance skills across a multi discipline programme
- Specialist training in dance technique, step execution, body alignment and placement
- Weekly performance to camp

 Available at:

OUNDLE • CLAYESMORE • SEAFORD • WORTH



15 HOURS
TUITION
per week
7.5 hours if doing
Intensive English

Average Coaching Ratio

1:10 